

Common Measurement Equivalents

1 Gallon

1 Quart

1 Pint

1 Cup

4 Quarts

2 Pints

2 Cups

8 Ounces

8 Pints

4 Cups

16 Ounces

240 Milliliters

16 Cups

32 Ounces

480 Milliliters

128 Ounces

.95 Liters

3.8 Liters

1/4 Cup

4 Tablespoons

12 Teaspoons

2 Ounces

60 Milliliters



1 Tablespoon

3 Teaspoons

1/2 Fluid Ounce

15 Milliliters